Be Prepared: A Practical Handbook For New Dads

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An indispensable survival manual for guys entering the trenches of fatherhood, Be Prepared is loaded with one-of-a-kind insights, MacGyver-esque tips and tricks, and no-nonsense advice for mastering the first year as a dad. Finally, a book that teaches men all the things they really need to know about fatherhood...including how to: -Change a baby at a packed sports stadium -Create a decoy drawer full of old wallets, remote controls, and cell phones to throw baby off the scent of your real gear -Stay awake (or at least upright) at work -Babyproof a hotel room in four minutes flat -Construct an emergency diaper out of a towel, a sock, and duct tape Packed with helpful diagrams and detailed instructions, and delivered with a wry sense of humor, Be Prepared is the ultimate guide for sleep-deprived, applesauce-covered fathers everywhere.

Book Information

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Customer Reviews

At first glance, Be Prepared looks like it might be a joke book. The bright yellow handbook format cover shows a child in a backpack strapped onto a smiling, manly fellow in a lumberjack shirt. Front backpack straps replace the man’s suspenders, baby bottle, rattles and other toys are at his waist,
toolbelt style, and a pacifier dangles from a strap in his fingers. It captures attention. Likewise, the inside of the book captures attention with well designed layout and graphics. Readers recognize the content, presented with abundant wit and style, is playful but not a joke. This is a creative, purposeful production with solid, helpful information delivered in fun, maybe over-the-top, masculine terms, but quite real. With useful, pithy information in easily assimilated chunks, and a fun filled, ‘can-do/here’s how’, unsentimental attitude, this nuts-and- bolts manual attracts expectant and new dads the way their beloved Worst-Case Scenario books used to, but with more usable material that really will help prepare them for parenting, appreciate their baby, and boost their confidence. Dads who know how to care for their infants are more likely to participate in care and strengthen parent-child attachment from the start. This interesting book imparts the preparatory knowledge well indeed. It is organized in five general sections by age, from newborn to one year, with basic information about normal development and needs, and appropriate fatherly responsibilities and skills.

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