Damaged: The Heartbreaking True Story Of A Forgotten Child
The Sunday Times and New York Times Bestseller. Although Jodie is only eight years old, she is violent, aggressive, and has already been through numerous foster families. Her last hope is Cathy Glass. Cathy, an experienced foster carer, is pressured into taking Jodie as a new placement. Jodie's challenging behaviour has seen off five carers in four months but Cathy decides to take her on to protect her from being placed in an institution.

Jodie arrives, and her first act is to soil herself, and then wipe it on her face, grinning wickedly. Jodie meets Cathy's teenage children, and greets them with a sharp kick to the shins. That night, Cathy finds Jodie covered in blood, having cut her own wrist, and smeared the blood over her face. As Jodie begins to trust Cathy her behaviour improves. Over time, with childish honesty, she reveals details of her abuse at the hands of her parents and others. It becomes clear that Jodie's parents were involved in a sickening paedophile ring, with neighbours and Social Services not seeing what should have been obvious signs. It's clear that Jodie needs psychiatric therapy, but instead Social Services take Jodie away from her, and place her in a residential unit. Although the paedophile ring is investigated and brought to justice, Jodie's future is still up in the air. Cathy promises that she will stand by her no matter what, her love for the abandoned Jodie is unbreakable.

**Book Information**

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Overall: 5 Stars
Plot/Storyline: 5 Stars
Cathy Glass does a brave thing in this book by telling the story of one of her "failures." By "failures," I mean that the child was not "repaired" to the point of being able to enter society by finding a permanent family. This was by no means a failure on Cathy's part, as she did everything that anyone, outside of a trained psychiatrist, could have done. What amazed me about the story was Cathy's perseverance in keeping Jodie. Sure, a couple of times she admitted to wanting to "send her back." However, she never did so voluntarily, as I feel that many foster parents would have done. Ms. Glass was supremely honest in what she considered to be her shortcomings, but I considered to be her bravery and strength of spirit.

Jodie's story was a horrifying one that will leave the reader gasping and crying. Unfortunately, it was also a story of something that is too often an occurrence in our society. Cathy does a terrific job of detailing Jodie's past with the knowledge that she gained from Jodie. She tells of her experiences in a succinct manner, shocking the reader without resorting to blatant tactics. I think I was most horrified by Cathy's portrayal of the Social Worker's failings.

Character Development: 5 Stars
Cathy not only does an excellent job of allowing the reader to get to know Jodie; she also reveals much of herself in the telling. I felt as though I was getting to know her as well as her charge and her family. The reader is also privy to the personalities of her children, which gives the story a more rounded effect. It particularly shows the major contrast between Jodie and "normal" children.

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