God's Help For Parents With Adult Children: Hope And Healing For Extended Family Relationships
How can you have a better relationship with your adult child and their family? There are many books that help parents learn to be better parents of infants, minor children, preteens and teens. This book helps parents learn how to be better parents to their adult children. The author uses his three decades of his experience as a Christian pastor to help with these hard questions. This book begins the journey that most parents long for; having better relationships with the adult children. Whether your child is 20 and just leaving home, or your 40 year old daughter no longer talks to you, this book addresses the varying answers to complicated inter-generational relationships. Chapter one begins with 7 principles that address why Christian parents sometimes have more problems with their adult children. After trying hard to do everything right, many Christian parents are surprised to find tension and heartache in their relationship with their adult children. Chapter two, three and four explore the new dynamics of the extended family and how a Bible based lifestyle can bring God into your family in a new way. Chapter five talks about God's plan for grandparents and how they are called to inspire their grand kids. Chapter six is worth the price of the book. It takes a hard look at parental disappointment and what to do about it. If you are a normal parent, the pain of disappointment caused by adult children can be destructive to your relationship. Chapter six explores areas of parent/adult child disappointments that most parents have never thought about. Part Two of the book has answers to the hard questions most parents ask themselves when things go wrong. Each chapter is a question that you might ask your counselor. What follows is not a quick Christian answer, but thoughtful comments that will help you come to your own specific answer for your family. Chapter eight and nine explore the pain and recovery of stressed and broken relationships. Chapter ten goes through the 6 problems that cause your adult children to not want to listen to their parents. Chapter twelve and thirteen are especially helpful as they answer the question of when and how to help your child financially and when they should move out. The final chapter shines a light on a new path in the aging parent's life. Once the kids are gone options expand. The last season of their life can be the most fulfilling, believe it or not. This book has practical answers from a Christian perspective but many of the answers are common sense approaches to the struggle that everyone sometimes experiences. The author has four adult children and three grandchildren at the writing and brings a tempered approach to the subject. His thoughts and answers are tempered by three decades of helping others and experiencing many of the same things in his own life. If you have been asking, "How can I have a better relationship with my adult child?" This book is the book you need to read.
Keeping a clear mind.

Customer Reviews

God’s Help For Parents With Adult Children: Hope and Healing for Extended Family Relationships
Self Help: How To Live In The Present Moment (Self help, Self help books, Self help books for women, Anxiety self help, Self help relationships, Present Moment, Be Happy Book 1)