Introduction To Addictive Behaviors, Fourth Edition (Guilford Substance Abuse Series)
This widely adopted text introduces students and practitioners to major contemporary models of addiction. Assuming no prior knowledge in the field, the book shows how theory and research can offer a roadmap for effective intervention. It presents multiple perspectives on the causes and mechanisms of substance use problems, reviews their strengths and limitations, and examines their implications for helping people change their behavior. Evidence-based treatment and prevention strategies are described.

**Pedagogical Features Include:**
* Accessible style and clear organization.
* Concise end-of-chapter summaries.
* Review questions in every chapter.

**New to This Edition**
* The latest research on prevention and treatment, including current data and revised discussions of genetic influences, family treatment models, and many other topics.
* Updated for DSM-5.
* Chapter on behavioral addictions.
* Chapter on promoting motivation and autonomy.
* Chapter on evidence-based practice.

**Book Information**

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**Customer Reviews**

Great book. Arrived really quickly and the book was in great quality. I bought this book for a course I'm taking on addictions and the content is heavy but very informative. This is a great book for anyone studying psychology/forensics for knowing more of the biological, psychological, and social aspects of behaviors as well as how addictions to different substances affect the brain. Worth the read!
This textbook is biased, poorly written and badly organized. I hope your teacher does not require this textbook, otherwise I'd recommend a different one. Shame on you for using sources from 1974, 1995 and 2002. The information is far from current. How this even was approved for publishing is beyond me.

This textbook provides the foundation necessary for who wants to work as a counselor for alcohol and substance abuse. I do recommend it!!!

I am truly enjoying this text. And it is very helpful to be available as an ebook.

Great edition, using for a course as a text book, excellent historical information.

Good text, happy I chose the hard copy versus the e-book, now it is mine to keep.

Great information and insight. Overall well-rounded information.

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