Psychiatric Nursing Made Incredibly Easy!
Don’t overthink it—learning psychiatric nursing can be Incredibly Easy! This psychiatric nursing guide will help you master the assessment, management, and recovery of your mental health patients. Part of the popular and award-winning Made Incredibly Easy series, this newly updated edition clarifies the complexities of psychiatric nursing, providing an oasis of down-to-earth wisdom and guidance. Seasoned experts in psychiatric-mental health nursing present symptoms, causes and diagnostic methods for more than 70 psychiatric disorders describing the latest in treatment approaches, psychopharmacology, and nursing interventions. Numerous helpful patient care tips are offered in a reader-friendly format and positive tone, interlaced with the series’ trademark humor. This is an encouraging and insightful reference for students and nurses of all specialties and skill levels.

Features:
- Updated content reflects DSM-5
- Concise, reader-friendly content illuminates complex concepts
- Nurse Joy offers tips and encouragement throughout
- Topics covered include: disorders of children and adolescents; disorders of the elderly; schizophrenia; mood and anxiety disorders; dissociative disorders; personality disorders; eating disorders; substance use disorders
- Disorders listed with: introduction; typical symptoms; possible causes; diagnostic methods; treatment approaches; nursing interventions
- Numerous quick-scan tables, flow charts, and illustrations
- Special features: Advice from the experts—Practical tips from experienced psychiatric nurses
- Myth busters—Distinguishes fact from fiction about people with mental illness
- Discusses the unique needs and beliefs of different cultural groups
- Meds matters—Pharmacologic and herbal remedies for psychiatric problems
- At end of each chapter—Quick quiz
- Memory joggers—Mnemonics that help readers remember difficult concepts

**Book Information**

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Customer Reviews

I'm studying for my certification in psych nursing and this is helping me get ready for the exam. It's also helping me to understand my patients' conditions and behaviors better. A must read for those new to psych nursing.

I have been nursing for 28 years, but never did psychiatric nursing until now. This is an excellent resource. It gets right to the point.

I bought this when I got a job working at a psychiatric hospital. It's a great and quick way to review and polish up on your info.

Breaks down psychiatric problems very simply! Was a great resource for my mental health nursing course!

This is a very good book. Very easy to read and follow!

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