Meditation: The Joyful Art Of Persistence

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The Joyful Art of Persistence

NEVILLE GODDARD

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"Neville may be the positive-thinking movement's most radical and subtly influential voice." - Mitch Horowitz, bestselling author of "One Simple Idea"

What is the Secret to Successful Meditation?

A lot of nonsense has been written about meditation. Most books on the subject get the reader nowhere, for they do not explain the process of meditation. Many people tell me they cannot meditate. This seems to me a bit like saying they cannot play the piano after one attempt. Meditation, as in every art or expression, requires constant practice for perfect results. So it is with meditation. If we practice this habit with joy, we perfect it as an art.

Customer Reviews

This book though brief, has the power of dynamite. Encouraging the reader to put into practice this common but rare art of meditation. When practice, the results are endless.

Must read for anyone looking for guidance in meditation or visualization/imagination. Fantastic, short, quick read, but packed with powerful information. Thank you, Neville, for your many many works. Thank you for access.
Many people that try to meditate and think they can’t could gain from this book. Over many years I have bought several books and CDs on how and here in a short inexpensive Kindle book Neville pulls the mask off the method.

This is a very short, very simple primer on meditation. The Taoist, the Christians, any who seek wisdom can be happy with this unpretentious little tome. It’s worth more than its price and certainly worth the read.

I love Neville Goddard, he has such a way of explaining how life works that just speaks to me.

I enjoyed Neville’s assessments on meditation. He interprets the methodology simply and succinctly. Very brief but to the point loo. I would recommend this essay

It’s a small, but mighty book that is very enlightening, practical and powerful. I highly recommend all Neville Goddard’s books.

This book confirms many of my personal beliefs. It’s easy to read and you can feel the happiness & joy these beliefs have created in the life of the author. No question he lives his convictions in his writings. Simple short read well worth it.

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