The Anatomy Of Greatness: Lessons From The Best Golf Swings In History
NEW YORK TIMES BESTSELLER In the first book from popular Golf Channel analyst Brandel Chamblee, the network’s resident scholar and critic (The New York Times) explores the common swing positions of the greatest players throughout history and reveals how those commonalities can help players of every skill level improve their own games. Every golf game begins with the swing. While no two are identical, Brandel Chamblee, the highly regarded television analyst and former PGA Tour professional, once noticed that the best players of all time have shared similar positions in each part of the swing, from the grip and setup to the footwork, backswing, and follow-through. Since then, Chamblee, a student of the game’s history, has used scientific precision and thoroughness to make a study of the common swing positions of the greats. Now, in The Anatomy of Greatness, he shares what he has learned, offering hundreds of photographs as proof, to show us how we can easily incorporate his findings into our own swings to hit the ball farther, straighter, and more consistently. What does it tell us that the majority of the greats—from Jack Nicklaus and Byron Nelson to modern masters like Tiger Woods—employ a strong grip on the club? How did legends like Ben Hogan, Sam Snead, Mickey Wright, and Gary Player unlock hidden power and control by turning in the right knee at address? Why are some modern teachers preaching quiet footwork when forty-eight of the top fifty golfers of all time lifted their left heels on the backswing, allowing them to build power? At the same time that Chamblee is encouraging certain swing virtues, he also debunks a number of popular but misguided swing philosophies that have been hindering golfers for years. The result is perhaps the best and clearest explanation of how to hit a golf ball ever published. Golfers can take The Anatomy of Greatness to the driving range and use Chamblee’s clear explanations to build better swings and get more speed and consistency into their swings immediately. This book is like having a series of private lessons from the best golfers of all time, and it will help golfers build swings that make the game easier and more fun.

Book Information

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Brandel Chamblee has been a commentator on the Golf Channel since 2004 and his opinions are usually strong and more than occasionally, controversial. Chamblee follows his own path and often takes positions contrary to the mainstream golf media. Whether you agree with him or not, one area where it is very difficult to be critical of Brandel is in his knowledge and understanding of the game; the man does his homework. Not content to simply repeat sound bites or blurbs from press releases like other commentators, Chamblee is meticulous in his preparation for a story. That same attention to detail and quest for truth lies behind his first book, The Anatomy of Greatness. Chamblee sets out to find the Holy Grail of the golf swing and in his typical style has fully researched the subject. He traces the methods back to the true beginnings, to a book first published in 1857. After a review of the history of instruction, he focuses on a little known teacher named Alex Morrison, whose methods had an influence on Jack Nicklaus. No discussion of the proper method of swinging the club would be complete without also reviewing the most popular instructional book of all time, Ben Hogan’s Five Lessons, which he does as well. The goal of Anatomy of Greatness is to distill down the common elements of great golf swings through the generations; the book’s subtitle is Lessons from the Best Golf Swings in History. What do the greatest players have in common and what can the average player learn from them? Brandel points out, for example, that Jack Nicklaus, Bobby Jones, and Ben Hogan all played the ball forward in their stance. He methodically reviews the grip, setup, posture, swing triggers, the initial move away from the ball, the backswing, transition, and impact and finish.

Customer Reviews

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