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The Muscles (Flash Cards) (Flash Anatomy)
**Synopsis**

The Muscles flash cards consist of 164 cards denoting the origin, insertion, action, innervation, and synergists of every functional muscle in the human body from the shoulders down.

**Book Information**

Series: Flash Anatomy  
Cards: 164 pages  
Publisher: Bryan Edwards Pub Inc; Flc Crds edition (March 1989)  
Language: English  
ISBN-10: 1878576003  
Product Dimensions: 1.5 x 4.8 x 6 inches  
Shipping Weight: 1.2 pounds  
Average Customer Review: 4.1 out of 5 stars - See all reviews (42 customer reviews)  
Best Sellers Rank: #89,365 in Books (See Top 100 in Books) #106 in Books > Medical Books > Nursing > Reference #25386 in Books > Reference

**Customer Reviews**

These are muscle flash cards. They are very good muscle flash cards. They are meant to use to learn five aspects of each muscle. Look at the front of the card with an illustration of the muscle, showing insertions, origins, related bones. Identify the muscle name. Then recite the origin, insertion, action, nerve supply and synergists. Turn the card over and validate your responses. Get it wrong, and review. Move to then next card. Perfect! Very good representations of individual muscles, and in some cases, sections of a particular muscle. (the Trap is represented with an upper, middle and lower division; a card for each) There are also cards to represent specific muscle groups. These are pictures, representations, and may not be overly relevant if you are studying a cadaver. Compared to other cards like this they are more economical, better illustrated, and more to the point. Kaplan's anatomy flashcards are by far more informative and cost effective. BUT they are not muscle flash cards. They contain a lot of information on each card, and require detailed study of each card. They are the most cost effective for the information provided. But they are not flash cards in the old grade school kind of concept of multiplication tables. Bryan Edwards sticks to the old concept: Name, origin, insertion, action, (sometimes also reversed origin insertion action), nerve supply and synergists. As the box says they are built for repetition. The cards are a bit tightly packed. One has to be careful about getting them in and out of the sleeve box. This will likely get
worse as time goes on. I have noticed wear on the box as a result. The box could be a bit bigger to accommodate expansion of the cards. The cards are a bit thin, but of reasonable thickness.

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