Going Alone: Women's Adventures In The Wild (Adventura Books)
While many dream of solo adventure, these talented and adventurous women show how it’s done. Whether hiking in Nepal, caving, sailing through choppy ocean waters, or discovering Alaska on foot, the women in these essays eloquently convey not only the thrills of the solo adventure, but also examine the complicated motivations and fears that can accompany such journeys. With its thoughtful exploration of numerous themes—trust and intuition, danger and invincibility, challenges and rewards—and its celebration of adventure, Going Alone explores the many ways that women find fulfillment, and is sure to provide ample inspiration for those contemplating their own forays into the wild.

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This is a collection of short essays from various female authors about their solo wilderness experiences. They include hiking and backpacking, camping, cycling in France, kayaking, technical climbing, cross-country skiing, sailing, a solo hike in Antarctica (!), caving, fishing in Alaska the day after 9/11, and trekking in Nepal. Considering the variety and strenuousness of these trips, I expected an exciting book of adventure. I was surprised to find that the stories are thoughtful and introspective - sometimes downright spiritual - rather than exciting. Although once I thought about it, it made sense. Women alone in the wilderness aren’t going to take any dangerous risks, so these generally aren’t stories of travel mishaps or life-threatening survival situations. And since the women are alone (theoretically - see below), there’s no stories of amusing companions, relationships, or
lively conversation. Aside from descriptions of the things she sees, a woman traveling alone in the wilderness can only write about her thoughts and feelings. So this makes for a slow, non-thrilling, read, yet a valuable one. Unlike some travel anthologies I have read, the quality of the writing is consistently high. Which also is not surprising when you think about it. It takes considerably more skill to write an introspective essay than it does to recount the story of an exciting adventure. Three of the stories are particularly outstanding: "In The Tracks of the Old Ones," by Geneen Marie Haugen; "How Shall I Pray," by Susan Marsh; and "Turning Back," by Sherry Simpson. All are about aging and facing the realization that you are not as strong as you used to be and can no longer do the things you used to.

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